



# SASK WRESTLING

Est. 1968

June Newsletter

## Congratulations!!

### National U17, U20, Sr Championships 2025

#### National Champions

##### Gold Medalists

**Javier Tonita-Charriez** U20 FS 57kg. Advanced WA

**Jasmine Slinn** SR WW 55kg. Cat Town WC

**Kayla Bednarcik** SR WW (NO)72kg Cat Town WC

##### Silver Medalist

**Reese Kosh** U17 WW 61kg. Junior Huskies

**Elizabeth Chapman** U20 WW 51kg Junior Huskies

**Taebyn Tulp** U20 WW 72kg. Saskatoon WC

**Amber Wiebe** SR WW 53kg. Cat Town WC

**Tyler Langford** SR FS 92kg Junior Huskies

**Andrew Johnson** SR FS 97kg. Saskatoon WC

**Katie Dutchak** SR WW 50kg. Saskatoon WC

##### Bronze Medalist

**Stephania Zwolinski** U17 WW 43kg Regina Midwest WC

**Pascal Lavertu** U17 FS 48kg. Junior Huskies

**Brooklynn Dieter** U20 WW 61kg. Advanced WA

**Abby Wolff** U20 WW 55kg Saskatoon WC



#### Results are on Track Wrestling.



Click here:

Full list if  
top 6  
placings



Any errors in this list, please contact Angela for corrections



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## Saskatchewan Winter Games

February 2026

Host Society in Flying Dust First Nation and Meadow Lake

**Eligibility:** Athletes are 13 – 16 Years of Age

**Year of Birth:** 2010 - 2013



**Number of Competitors per District:** 6 Male and 6 Female

**Weight classes:** Male : 38 - 43, 48, 54, 60, 67, 80, 80-90kg  
Female : 42-46, 51, 56, 61, 67, 67-80kg

Coaches and Managers are Needed!!  
Expression of Interest SWG **CLICK HERE**

**COACHES/MANGERS STILL NEEDED  
FOR THE FOLLOWING DISTRICTS**

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**LAKELAND: FEMALE**

**NORTH: MALE AND FEMALE**

**SASKATOON: MALE AND FEMALE**

**SOUTH EAST: FEMALE**

**PARKLAND: MALE AND FEMALE**

**PRAIRIE CENTRAL: FEMALE**

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Want to have something **ADDED** to the monthly news letter?\*\*

Email Angela or Wendy to get it added.



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**ATTENTION**



## Summer Camp Hosting Initiative



Expression of Interest form

Sask Wrestling is offering funding for hosting a summer camps!!

\$\$\$Funding provided to Clubs for hosting

More information on the Expression of Interest form

## Regina Wolverines Summer Camp

U9/U11/U13: \$55 (4 sessions)

U15/U17/U19: \$65 (4 sessions)

Location: Regina Sports Performance Centre, 1464 Broadway Avenue

### **U9/U11/U13**

August 7<sup>th</sup>-9<sup>th</sup> : 10:30am to 11:50am

Sunday August 10<sup>th</sup> : 10:30am to 11:30am

### **U15/U17/U19**

August 7<sup>th</sup>-9<sup>th</sup> 2pm-4pm

Sunday August 10<sup>th</sup>: 11:30am to 1:00 pm

Snacks and food and some draws at the end of the session on the last day



**To Register CLICK HERE**



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## HIRED

**Sask Wrestling** is pleased to announce that we received a grant from Government to hire two great student coaches for our Summer Program. In school Learn to Wrestle programs, Summer Camps and Beach Wrestling events will be on thier agenda for the summer.

WELCOME to Aleksander Eisler and Sierra Mullin



## SAVE THE DATE

**Attention Coaches!!!**  
**Competition Introduction Course**  
Saskatoon  
Sept 20,2025. \$225

**Aboriginal Coaches Module**  
Saskatoon  
Sept 21,2025 Free

All Coaches Welcome  
**Community Coaches Module**  
Regina  
Sept 29, 2025. \$50



**KEEP UP YOUR NCCP  
PROFESSIONAL  
DEVELOPMENT POINTS**  
Upcoming NCCP Courses  
link with  
**Coaches Association of  
Sask**  
**CLICK HERE**



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## SASK BEACH WRESTLING

**FRIDAY JULY 25- RULES AND OFFICIATING  
WORKSHOP FREE- ASCENDANT WC  
SATURDAY JULY 26- REGINA**

### MATCH FORMAT AND SCORING

- Match Length: Single 3-minute period
- Scoring - 1 point for a takedown, forcing an opponent's body part to the ground or out of bounds, or earning a caution against your opponent.
- Scoring - 3 points for exposing your opponent's back to the sand.
- Victory: First to 3 points wins!

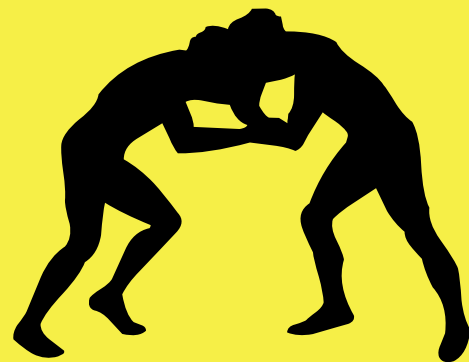
### WHO CAN COMPETE?

- U13 Boys and Girls (Born 2013 - 2014)
- U15 Boys and Girls (Born 2011-2012)
- U17 Boys and Girls (Born 2009-2010)
- Beginner Men and Women (Born 2008 or Before)
- Senior Men and Women (Born 2008 or Before)



Want to host your own **Beach Wrestling** event??

Contact Wendy to get started with running  
your event this summer!!  
grassroots@saskwrestling.ca



**Early Bird - \$40 Before July 1st  
Regular - \$45 Between July 1st -  
July 21st noon  
Late - \$50 After July 21st noon**

**July 26th  
REGINA**

**REGISTRATION  
IS NOW OPEN!**



SASKATCHEWAN  
**BEACH  
WRESTLING**  
CHAMPIONSHIP



[Registration Link](#)

**\*\*\* Want to have something ADDED to the monthly news letter ??  
Email Angela or Wendy to get it added. \*\***





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### **Announcement From WCL**

WCL has adopted the Canadian Safe Sport Program (CSSP),  
Which is in effect as of  
April 1, 2025

More Info Found **Here**

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### **Planning Season 2025-2026**

Sask Westling is taking SRF's for the upcoming 2025-2026 Season.

Calendar is being set up and a deadline for submission will be JULY 1

**CLICK HERE**

### **Sanctioning Events Request Form**

**Please fill out the form to let us know you are planning on having a event**



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NOTE TO SELF

Today will be  
a good day

One more event of the  
wrestling season is the  
U23, Non Olympic,  
Roman Greco  
Championships in  
Niagara on June 26-28

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