



# SASK WRESTLING

Est. 1968

## October Newsletter

### 25-26 Sask Wrestling Information Club Meeting

**DATE: Wednesday Oct 8th**

**8:00pm via Zoom**

**Meeting** 

1. MAP Funding: Procedure and Expectations
2. Calendar of Events for 2025-2026
3. New Policies
4. Provincial/National Competitions
5. Board of Directors Nominations
6. Sask Wrestling Committees
7. Officials Training and much more

### High Performance Athlete Funding Meeting

**DATE: Thursday October 9th**

**8:00pm via Zoom**

**A meeting to communicate to all our High Performance Athletes, their coaches and parents to discuss the requirements, process and expectations for the following funding available:**

- Sask Wrestling Carding/Travel Funding 2025-2026
- Future Best Funding
- Indigenous Next Generation Grant- open to all HP Indigenous Athletes- Coaches please attend to learn more about the funding
- Sask Sport representatives will join us to go over details and answer any questions.
- Invitations and zoom link will be sent out to all athletes, coaches and parents recognized as High Performance by Sask Wrestling.

**Any questions on this meeting,  
Contact Angela [info@saskwrestling.ca](mailto:info@saskwrestling.ca)**



### Highlights:

- Call for Board Nominations
- 2025-2026 Sask Wrestling Info Club Meeting Oct. 8th
- High Performance ATHLETE funding meeting Oct. 9th
- Advanced Coaching Training Clinic Nov. 15<sup>th</sup> & 16<sup>th</sup>
- Individual memberships for 2025-2026 are now open! [Link](#)
- Club Memberships for 2025-2026 is now open! [Link](#)
- Provincials host nominations Due November 1st
- Winter Games coaches meeting Oct. 15<sup>th</sup> 7pm

hello  
FALL

Want to have something **ADDED** to the monthly news letter?\*\*  
Email Angela or Wendy to get it added.





# SASK WRESTLING

Est. 1968

October Newsletter

## Call for Nominations – Sask Wrestling Board of Directors

Sask Wrestling is currently seeking nominations for passionate, committed individuals to join our Board of Directors. As a registered non-profit, our board plays a vital role in guiding the strategic direction of wrestling in Saskatchewan and supporting athletes, coaches, and programs across the province.

**Board Term: 2-3 years**  
**Meeting Frequency: Monthly**  
**Deadline for Nominations: October 31, 2025**

If you would like to Nominate someone please fill out the form below

### Nomination Form

#### We invite nominations from individuals who:

- Have a strong interest in amateur wrestling and sport development;
- Bring experience in governance, fundraising, finance, communications, or community engagement;
- Are willing to contribute time and expertise to advance Sask Wrestling's mission.



Check out our NEW 2025-2029 Multi-year Strategic Plan  
Sask Wrestling's Strategic Plan 2025-2029

# STRONG AND UNITED

Want to have something **ADDED** to the monthly news letter? \*\*  
Email Angela or Wendy to get it added.





# SASK WRESTLING

Est. 1968

October Newsletter

**SAVE  
THE DATE**

## **Annual General Meeting Sunday November 30- 10:30 am**

Each club is required to attend the AGM to be eligible for  
Membership Assistance Funding

A notice to all clubs will be sent out to assign a delegate who  
will be eligible for voting on behalf of the club.

Documents to be sent out:

Agenda

Minutes AGM 2024

Audited Financials Statement

Year in Review 2024-2025

Bylaw Amendments- Already sent out

Voting link will be sent out prior to AGM for voting

Must REGISTER FOR AGM link [CLICK HERE](#)

# **STRONG AND UNITED**



Newsletter October 2025



# SASK WRESTLING

Est. 1968

**Saskatchewan Games**  
FLYING DUST FIRST NATION | WINTER 2026  
CITY OF MEADOW LAKE



**We are still looking for a Coach and Manager, Male and Female  
for the Parkland district.**

## Saskatchewan Winter Games

**February 2026**

**Host Society in Flying Dust First Nation and Meadow Lake**

**Eligibility:** Athletes are 13 – 16 Years of Age

**Year of Birth:** 2010 - 2013

**Number of Competitors per District:** 6 Male and 6 Female

**Weight classes:** Male : 38 - 43, 48, 54, 60, 67, 80, 80-90kg  
Female : 42-46, 51, 56, 61, 67, 67-80kg

---

**All District's coaches have been notified to discuss the upcoming winter games!**

**\*\*\*\*\***

### **REMINDER:**

There is a Winter Games Meeting for Coaches and Managers on October 15<sup>th</sup> at 7pm

**Clubs are asked to start encouraging athletes  
to get involved for this event.**

Want to have something **ADDED** to the monthly news letter?**\*\***  
Email Angela or Wendy to get it added.





Newsletter October 2025



**SASK**  
**WRESTLING**

Est. 1968

**Saskatchewan Games**  
**FLYING DUST FIRST NATION | WINTER 2026**  
**CITY OF MEADOW LAKE**

## Coach- Manager Contact List by District

|                         |                   |                                   |
|-------------------------|-------------------|-----------------------------------|
| Lakeland Coach          | Louis Welgemoed   | saskvalleybearsrestling@gmail.com |
| Lakeland Manager        | TBD               |                                   |
| North Coach             | Kaylin Moise      | k.moise23@hotmail.com             |
| North Manger            | Hayden Alcrow     |                                   |
| Prairie Central Coach   | Jon Johnson       | jonnyj@sasktel.net                |
| Prairie Central Manager | TBD               |                                   |
| Regina Coach            | Sara Tokarz       | s.tokarz@rcsd.ca                  |
| Regina Coach            | Riley Nadoroznick | rileynadoroznick@gmail.com        |
| Saskatoon Coach         | Corban Taylor     | c.thomastay@gmail.com             |
| Saskatoon Manager       | Quinn Boutin      | quinnlauraye@gmail.com            |
| South West Coach        | Curtis DuMont     | curtis_dumont@hotmail.com         |
| South West Coach        | Frankie Gawryluik | fgawryluik@gmail.com              |
| South East Coach        | Greg Kiraly       | gkgreg@outlook.com                |
| South East Manager      | TBD               |                                   |
| Parkland Coach          | TBD               |                                   |
| Parkland Manager        | TBD               |                                   |

Want to have something ADDED to the monthly news letter?  
Email Angela or Wendy to get it added.



**SASK  
WRESTLING**  
\*\*\*\*\*

Newsletter October 2025

Est. 1968



## **Advanced Coaching Training Clinic**



Sask Wrestling is hosting an Advanced Coach Training Clinic  
**November 15-16 in Saskatoon.**

Each club may send **ONE** coach to this intensive weekend focused on sharpening technical knowledge, practical coaching skills, and bringing athlete-centered strategies back to their home clubs.

Please check with your Head Coach of your club before registering.

**Facilitator:** David Lopez, WCL Performance Analyst Coach

**Cost: \$250 (includes lunch Saturday)**

**Deadline to register:** October 31 at NOON (spots not used by clubs will be drawn for #2 coaches at 1:00 pm)

**Location:** Saskatoon (Sask Wrestling Building + TBD venues)



**Inquire:** Angela – [info@saskwrestling.ca](mailto:info@saskwrestling.ca)



# **REGISTER HERE**

Let's raise the standard — United & Strong!

Want to have something **ADDED** to the monthly news letter? \*\*  
Email Angela or Wendy to get it added.





# SASK WRESTLING

Est. 1968

## October Newsletter

### Congratulations!

Sask Wrestling is pleased to announce  
Inductions of the following Wrestlers

Saskatoon Hall of Fame: Jillian Gallays

University of Regina: Ali Bernard

Tickets for induction ceremony can be found  
on thier websites

**ATTENTION WRESTLING CLUBS**

**Planning for the 2025-2026 season**

Sask Westling is makinh s last CALL FOR SRF's  
for the upcoming  
2025-2026 Season

**CLICK HERE**

**Sanctioning Events Request Form**

**Please fill out the form to let us know  
you are looking to host an sanctioned  
event with Sask Wrestling**



**2025-2026**

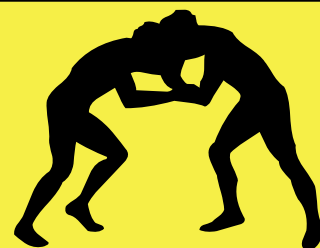
**Memberships**

**Registration**

have Begun as  
of **September 1st**



**REGISTER NOW**







**SASK**  
**WRESTLING**

Est. 1968



**ATTENTION**



## **2025-2026 Sask Wrestling Tournament Schedule:**

**December 6<sup>th</sup> 2025** - **Weyburn's** Barber Motor Classic Wrestling Tournament **U9-U19**

**December 14<sup>th</sup> 2025** - SWC Pupsel Tournament - **Saskatoon**

**January 10<sup>th</sup> 2026** - Ascendants Invitational - **Regina U9- U19**

**January 24<sup>th</sup> 2026** - 26<sup>th</sup> Annual **Swift Current** Titans Wrestling Club Tournament **U9-U19**

**February 8<sup>th</sup> 2026** - South Sask Championship - **Moose Jaw U9-U19**

**February 15<sup>th</sup> 2026 - 18<sup>th</sup>** - Sask Winter Games - **Meadow lake, Flying Dust**

**March 21<sup>st</sup> 2026** - Provincials **U9- U13 Location TBA**

**Please Note:** More tournaments may still be added to our schedule

**For Full Calendar for the 2025-2026**  
**season:**  
**[CLICK HERE](#)**







# SASK WRESTLING

Newsletter October 2025  
Est. 1968

**ATTENTION**

**Club Registration and Individual Memberships for the 2025-2026 are now active!!!** [Link](#)

## 2025-2026 Sask Wrestling Membership Fees

|                                       |         |
|---------------------------------------|---------|
| U9 (2018, 2019, 2020) Freshie Athlete | \$70.00 |
| U11 (2016, 2017) Novice Athlete       | \$70.00 |
| U13 (2014, 2015) Pee Wee Athlete      | \$70.00 |
| U15 (2012, 2013) Bantam Athlete       | \$70.00 |
| U17 (2010, 2011) Cadet Athlete        | \$80.00 |
| U19 (2008, 2009) Juvenile Athlete     | \$80.00 |
| U21 (2006, 2007) Junior Athlete       | \$80.00 |
| Senior Athlete (2005 or Older)        | \$80.00 |

[Membership Link](#)

**NEW :** Sask Wrestling NATIONAL COMPETITION PARTICIPATION FEE \$50.00

|                               |         |
|-------------------------------|---------|
| Coach                         | \$80.00 |
| Official                      | \$80.00 |
| Patron                        | \$45.00 |
| Wrestle for fun (valid 1 day) | \$20.00 |
| Recreational Non Competitive  | \$20.00 |



# SASK WRESTLING

Newsletter October 2025  
Est. 1968

## Community Coach Training



### Regina



Sask Wrestling will be hosting an NCCP COMMUNITY COACHES COURSE for all our coaches who would like to obtain some coach training and receive NCCP Coaching PD Points. This course is highly recommended for coaches dealing with any young beginner athletes and are looking to increase their coaching skills to the next level.

Parents are encouraged to take this to assist their club coaches when need on the mat.

**DEADLINE TO REGISTER: October 31, 2025**

**Facilitator: Ron Gonzales**

**DATE: November 1, 2025**

**LOCATION:**

**Regina- Sports Performance Centre  
1464 Broadway Ave. Regina S4P 1E2**

**TIME: 12- 3 pm**

## **COST: FREE**

**Must be have a Sask Wrestling 2025-2026 coaches membership and be in good standing.**

**Requirements for Coaching with Sask Wrestling:**

- 1. Respect in Sport Certification**
- 2. Criminal Background Check- attached to their membership- must be within 3 years**

Contact Angela with any questions at [info@saskwrestling.ca](mailto:info@saskwrestling.ca)



**REGISTER NOW**



# SASK WRESTLING

Newsletter October 2025  
Est. 1968

**WANT TO LEARN HOW TO  
OFFICIATE WRESTLING**



## Provincial Officials Training Regina

Sask Wrestling will be hosting a Provincial Officials Training Clinic for all our coaches who would like to obtain some officials training and assist our events on the mat to officiate. This course is highly recommended for new Officials to assist with provincial events and are looking to increase their officiating skills to the next level.

**DEADLINE TO REGISTER: October 31 ,2025**

**Facilitator: SAWOA AE Official Ryan Forsberg**

**DATE: November 1, 2025**

**LOCATION:**

**Regina- Ascendant Martial Arts**

**TIME: 3:30- 6 pm**

## **COST: FREE**

**Must be have a Sask Wrestling 2025-2026 officials membership and be in good standing.**



**REGISTER NOW**



# SASK WRESTLING

Newsletter October 2025  
Est. 1968

**ATTENTION**

**Sask Wrestling is pleased to announce our High Performance List for the 2025-2026 season-  
(Based on 2024-2025 results)**

| HP TIER 1         |            | HP TIER 2       |            |
|-------------------|------------|-----------------|------------|
| NAME              | CLUB       |                 |            |
| Katie Dutchak     | SWC        | Sierra Mullin   | SWC        |
| Javier Tonita-    | AWA        | Myah Phillips   | SWC        |
| Andrew Johnson    | SWC        | Matthew Yong    | SWC        |
| Abby Wolff        | SWC        | Gilbert Musonza | Cattown    |
| Amber Wiebe       | Cattown    | Taebyn Tulp     | SWC        |
| Elizabeth Chapman | Jr Huskies | Caitlan Clatney | SWC        |
| Judah Arthurs     | SWC        | Donovan Neudorf | SWC        |
| Jasmin Slinn      | Cattown    | Meagan Summers  | Jr Huskies |
| Kayla Bednarcik   | Cattown    | Tyler Langford  | Jr Huskies |
|                   |            | Brooklyn Dieter | AWA        |

**HP Funding Meeting is Thursday  
October 9<sup>th</sup> at 8pm. Link for  
meeting will be sent out to each  
athlete on the list.**



# SASK WRESTLING

Newsletter October 2025  
Est. 1968

**Sask Wrestling is pleased to announce our High Performance List for the  
2025-2026 season-  
(Based on 2024-2025 results)  
Next Gen Athletes**

|                    |              |                     |            |
|--------------------|--------------|---------------------|------------|
| NEXTGEN TIER 1     |              | Pascal Lavertu      | Jr Huskies |
| Wynn Griffith      | Jr Huskies   | Saulomon St Pierre  | Jr Huskies |
| Max Kershaw        | Jr Huskies   | Jacob Kozak         | Jr Huskies |
| Elaine King        | Jr Huskies   | Chase Mitchel Riley | Top Gun    |
| Stacy Dustyhorn    | Regina Titan | Mary Soyemi         | Jr Huskies |
| Drake Buechler     | SWC          | Natalie heggstrom   | Jr Huskies |
| Kailyn Flanagan    | AWA          | Michael Dafe        | Jr Huskies |
| Kayley Clarke      | SWC          | Angel Besskkaystare | SWC        |
| Jack Kozusko       | Cattown      | Kate McLachlan      | SWC        |
| Takis sembalarus   | SWC          | Jared Steinley      | SWC        |
| Stefania Zwolinski | Midwest      | Alek Eisler         | SWC        |
| Sofia Boutin       | Jr Huskies   | Myah Clatney        | SWC        |
| Othniel Kabongo    | Jr Huskies   | Azra Benic          | Jr Huskies |
| Reese Kosh         | Jr Huskies   | Noah Remy           | PAWC       |
|                    |              | Angela Singh        | AWA        |

Next Gen Athletes are eligible for Training Camps prior to  
Nationals 2026- stay tuned for more information  
Please see **HP Funding Policy** on our website

Appeals to this list can be sent to Angela [info@saskwrestling.ca](mailto:info@saskwrestling.ca)